

European Projects Overview

2009 - 2024



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All information about our European projects are available on

MentalNet.EU



CNP St-Martin benefits, through the European Commission and AEF Europe, from an Erasmus+ Accreditation for the period 2022 - 2027.



**Co-funded by
the European Union**

Introduction

Saint-Martin's Neuro Psychiatric Centre has been involved in **European projects in Mental Health** for **more than 15 years**, as project leader or as a partner.

All of these projects have been precious **opportunities** to raise the participants **skill level** and to develop and promote **new working tools**. They also have progressively contributed to the creation of a strong **international network** gathering health institutions, academic partners, researchers, health-focused companies and start-ups.

Benefits are numerous, humanly and intellectually driven by every stakeholder's motivation and expertise to **improve mental health care**.

By regularly promoting the projects results through communication events and publications, every partner modestly acts in the interest of **de-stigmatising mental illnesses**.

Because we are convinced that **any new partner can play its part** to projects to come, please **feel free to contact us** for any further information or any collaboration proposal.

CONTACT

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Mental Health and Psychiatry



2009-2011



- Centre Hospitalier de Jury-Les-Metz – France
- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Centre Psychiatrique Saint-Bernard – Belgium
- Hôpital Psychiatrique « La Clairière » – Belgium



LEONARDO DA VINCI, Mobility

SUMMARY

The objective of the Saint-Martin Neuro Psychiatric Centre in registering for the Leonardo programme is to agree with partners, hospitals and psychiatric centres in European countries, to implement a programme of exchange and sharing of good practice.

The needs expressed by the Saint-Martin Neuro Psychiatric Centre are :

- Search for innovations and need for intra-European benchmarking
- Enhancement of our/their expertise in the proposed study themes
- Development of a European partnership
- Need to improve our services
- Development of content and innovative teaching methods for lifelong learning

The 5 areas investigated :

- Therapeutic activities
- Sustainable development
- Addictions
- Family therapies
- Restrictions of freedom

The practices and procedures for restricting freedom of patients in psychiatric facilities in Europe

Comparative analysis of European countries, including staff experience



2010-2012



LEONARDO DA VINCI, Partnership

- Centre Hospitalier Neuro-Psychiatrique – Luxembourg
- Centre Hospitalier de Jury-Les-Metz – France
- Psychiatric Hospital Bohnice – Czech Republic
- Universitair Centrum Sint-Jozef – Belgium
- Etablissement Public de Santé Mentale Lille-Métropole – France
- Klinik Königshof Krefeld – Germany
- Rīgas psihiatrijas un narkoloģijas centrs – Latvia
- Fondation François-Elisabeth Hôpital Kirchberg – Luxembourg
- Mount Carmel Hospital – Malta
- Department of Health Care Services Standards – Malta
- Parnassia, Klinisch Centrum Ouderen and Klinisch Centrum Acute Psychiatrie – Netherlands
- Stichting Mondriaan for mental health, Heerlen – Netherlands
- No Limits, Mogilany – Poland
- Västra Götalands regionen, Södra Älvsborgs Sjukhus, Vuxenpsykiatriska klinikerna – Sweden
- Llanarth Court Hospital – United Kingdom
- Abertawe Bro Morgannwg University NHS Trust – United Kingdom
- Birmingham City University – United Kingdom
- ZiekenhuisNetwerk Antwerpen – Belgium
- Klinik für Psychiatrie, Psychotherapie und Psychosomatik am Klinikum Heidenheim – Germany
- Unité de psychiatrie pénitentiaire, Département de psychiatrie, Hôpitaux Universitaires de Genève – Switzerland
- Máxima Medisch Centrum – Netherlands
- Hôpital Vincent Van Gogh Centre Hospitalier Universitaire de Charleroi Intercommunale de Santé Publique du Pays de Charleroi – Belgium
- Centre Psychiatrique Saint-Bernard – Belgium
- Centre Hospitalier Jean Titeca – Belgium
- Centre Psychothérapique de l'Orne – France
- Centre Psychiatrique Saint-Martin – Belgium

SUMMARY

The procedures in order to restraint the freedom of hospitalized patients in psychiatry are at the centre of numerous medical and judicial discussions. The objective of this innovative project is to produce a comparative analysis between European countries and to publish recommendations in this field.

Objectives

- To enhance the Quality of life of patients in Psychiatry in Europe;
- To enhance the general level of skills and qualifications of the teams;
- To contribute to a raise in confidence between the European centres through a standardisation of the care services.

Alternative ways to long-term hospitalisation in psychiatry



2011-2013



GRUNDTVIG



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Fédération Nationale des Associations Gestionnaires pour l'Accompagnement des personnes handicapées Psychiques – France
- CRP-Santé, Centre de Recherche Public de la Santé – Luxembourg
- Center for Mental and Pedagogical Support Kepsipi – Greece
- Universitatea Din Pitesti – Romania
- Fondation Trajets – Switzerland

SUMMARY

The accompaniment and maintains in the housing of people in situation of psychic handicap - on the meeting of the experiences and the practices of professionals/trainers committed in the management of the way of life of beneficiary in Europe. Examines social and medical services and initiatives existing in favor of access and maintains in housing, the decompartmentalization of the health and the medico-social sector, and being proactive to propose modalities for alternatives of long stays in psychiatry.

Housing support and maintenance for people with mental disorders in Europe



2012-2014



GRUNDTVIG



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Centre Hospitalier Neuro-Psychiatrique – Luxembourg
- CRP-Santé, Centre de Recherche Public de la Santé – Luxembourg
- Réseau Psy, Esch-sur-Alzette – Luxembourg
- Fondation Trajets – Switzerland
- AGAPSY, Fédération Nationale des Associations Gestionnaires pour l'Accompagnement des personnes handicapées Psychiques – France
- Universitatea Aurel Vlaicu Din Arad – Romania
- Center for Mental and Pedagogical Support Kepsipi – Greece

SUMMARY

This project addresses several key questions: How can we support people with mental health problems to find housing adapted to their situation? Are the current programmes adapted to their disability? How can we improve these programmes in order to better support these people in their autonomy?

Bringing together all the actors and professionals from these European countries in the field of mental health, the project aims to create a European network of experts in order to strengthen the support given to patients and to share recommendations on these issues that will be elaborated towards the European and national authorities.

In the framework of this project, six seminars took place in six countries from October 2012 to June 2014. The aim of these seminars was to present the national context of each country, the programmes developed as well as to organise visits to different accommodations adapted to patients suffering from mental disorders.

These seminars are an opportunity to propose possible solutions adapted to this public. They are also an opportunity for experts to describe research initiatives carried out in different countries in order to make a comparative analysis and to highlight good professional practices in each country. They are also an opportunity to question the decompartmentalization of health and medico-social care while being a force of proposal for the alternative modalities of long stays in psychiatry.

The ageing of population



2012-2013



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Centre Hospitalier de Jury-Les-Metz - France
- EHL, Entente des Hôpitaux Luxembourgeois – Luxembourg
- Centre Hospitalier du Luxembourg – Luxembourg



HOPE

SUMMARY

Mental health problems are common among seniors and may include isolation, affective and anxiety disorders, dementia, and psychosis, among others. Many seniors also suffer from sleep and behavioral disorders, cognitive deterioration or confusion states as a result of physical disorders or surgical interventions.

Research suggests that seniors benefit from supportive social connections and close personal relationships but suffer as a result of disrupted personal ties and loneliness.

Health-care providers, especially those in primary care, can play a central role in promoting mental health for seniors by working with mental health professionals, local governments, civil society organizations, families, and communities to provide comprehensive mental health care and supportive environments. In addition, older people should be encouraged to actively participate in their communities and in society at large, while policymakers should ensure that seniors' mental health concerns are addressed in national health planning and policies.

Family : its role in the empowerment of the patient



2012-2014



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Asociación Salud Mental – Spain
- Centre Hospitalier de Jury-Les-Metz - France
- Sjúkrahúsid Á Akureyri - Iceland



ERASMUS, Partnership

SUMMARY

The involvement of families in the treatment of patients with mental disorder is critical in terms of rehabilitation outcomes and decrease of family's stress. Achieving this involvement, however, has been shown to be difficult and discouraging for many therapists. That is why sharing new knowledge and practices on this important issue is a crucial matter on this field.

Our project created a network to share and discuss these issues.

Moreover, the Spanish coordinator partner has an outstanding qualification on a new strategy called Multifamily Group Therapy, in short MGT. This technique was learned and shared with other countries (France, Iceland and Belgium). On this regard, it has been found out that holding therapy sessions with different families at the same time enlarges the therapeutic outcomes in the treatment of different psychiatric pathologies compared to other types of therapy and specially for disorders that require a greater social contention. This technique helps, on one side, to avoid burn-out between professionals, who will not feel isolated in their responsibility towards the treatment, and , on the other side, it helps to decrease economic costs since many patients can be attended at the same time. As a consequence it is expected to improve not only symptomatic items of the patient but also to reduce the duration of the hospitalization of patients and to avoid patient relapse.

Consequently, this project had 2 main objectives:

- To create a network to share knowledge on the involvement of family in therapy;
- To train people on Multifamily Group Therapy, making this psychotherapy strategy available to different professional teams across Europe.

This project brought together therapists from different countries developing a strong network and improving the dialogue among European mental health professionals.

Exchanges and internships for nursing students between Belgium and France



2012-2015



• Centre Neuro Psychiatrique Saint-Martin – Belgium
• Institut de Formation en Soins Infirmiers du Centre Hospitalier de Jury-Les-Metz - France



ERASMUS, KA1 Mobility

SUMMARY

Objectives :

- To enable Erasmus scholarship holders to share their experiences with other students;
- To propose to potential trainees possible places of insertion;
- To disseminate the Erasmus programme to the IFSI teaching staff;
- Demonstrate to the regional authorities of Lorraine the interest of their support;
- Carry out a review of the past year with regard to Erasmus mobility.

European Tutoring Process in Psychiatry and Mental Health



2014-2017



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- AGAPSY, Fédération Nationale des Associations Gestionnaires pour l'Accompagnement des personnes handicapées Psychiques – France
- Universitätmedizin Rostock – Germany
- Luxembourg Institute of Health - Luxembourg
- Associació Salut Mental – Spain
- Center for Mental and Pedagogical Support Kepsipi – Greece



ERASMUS+, Strategic Partnerships

SUMMARY

On various levels mental health is considered as a major issue; it is a growing sector, undergoing major changes and reforms. Data shows that depression is the biggest cause of disability worldwide and suicide is the second highest cause of death for young people. The key changes in mental health epidemiology and the new therapy approaches are major challenges for the organisations involved but also for a political public health strategy.

The objective of the TuTo project is to raise the skill level of young employees and to increase the attractiveness of caregivers in the psychiatry and mental health sector. It also promotes intergenerational connections, knowledge transfer and the introduction of new practices.

The main purpose of the TuTo programme was to organise traineeships that linked young professional trainees to experienced tutors at a European scale. The trainees were nurses, educators, social workers, doctors, etc. The tutor's task is to support the trainees during the process with a focus on the transmission of knowledge, the choices of hosting institutions and the reflection on action.

With the TuTo programme, we developed individualised tutoring and an assistance-programme for young professionals, active in psychiatry and mental health care.

The cooperation of a wide variety of multi-cultural and multi-disciplinary organisations, generated related activities and following results:

- Consolidation of a European multi-cultural and multi-disciplinary network of organisations experienced in mental health;
- A close cooperation between the educational system and the mental health sector;
- Several tools: traineeship agreement, portfolio, etc.
- Construction of deliverables e.g.: book published in French and in English by a famous academic worldwide publishing company, scientific and professional articles, a practical guide for tutoring, etc.
- Organisation of 6 scientific and professional conferences in famous places around Europe reviewing the innovations in mental health through European projects.

The impact on young professionals is obvious with a better adequacy to the new mental health trends and further more a better employability. The impact on the tutors is impressive, motivation is reinforced and the transfer of competences to the younger generation confirms the self-esteem. The impact on organisation is mainly to fight the shortage working force and avoid absenteeism. Obviously organisations gained also transcultural competencies. The impact on the educational system is to have a better matching with current requirements in the mental health area. The educational system will benefit from several results of the programme and will tailor their training programmes.

This ambitious project reached far more than the initial objectives. With a great involvement of all participants, the partnership gained international reputation with a European visibility. A practical guide is available and the connection with high schools and universities is confirmed.



Modelling tools and good practice guides for professionals working in networks dedicated to older people with mental disorders



2016-2019



- Luxembourg Institute of Health - Luxembourg
- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Center for Mental and Pedagogical Support Kepsipi – Greece
- Panepistimio Kritis – Greece
- Universitatea Aurel Vlaicu Din Arad – Romania
- Etablissement Public de Santé Mentale Lille-Métropole, Centre Collaborateur OMS pour la recherche et la formation en santé mentale – France
- Université du Luxembourg – Luxembourg
- CESI – France



ERASMUS+, Strategic Partnerships

SUMMARY

To improve the knowledge of professionals in the field of elderly people with mental health problems and to improve the multidisciplinary networking for the best support of these people.

The aim of the project is to design an exchange and communication platform to improve the networking of professionals in the field of support for elderly people with mental health problems in Europe.

It is to participate in the opening of the offer to reinforce the competences of professional adults.

Our offer consists in improving the practices of professionals in the medical and psycho-social sectors.



2017-2019



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Universitatea Aurel Vlaicu Din Arad – Romania
- Uludag Universitesi, Bursa – Türkiye
- ACSESO, Asociación Cultural, Social y Educativa Segundas Oportunidades - Spain



ERASMUS+, Youth

SUMMARY

Keeping Youth Safe from Cyberbullying project aim is to is to deeper understand the dynamics of cyber bullying in online environments among youth, develop educational resources for professionals involved in youth activities in order to prevent these type of behaviors, develop youth skills to protect themselves from cyberbullying and disseminate findings among educational professionals.

Specifically, our project is focus on: promoting positive ways of using technology for social interaction, raising youths' awareness that they have the right and responsibilities to seek help to resolve cyber-bullying incidents, using positive approval, praise and encouragement to modify cyber-bullying behavior, providing appropriate monitoring and supervision of youths' use of technology, developing the skills required of them to manage youths' cyber-bullying behavior, encouraging and help youth to positively use technology for social interaction and participating in cyberbullying professional development opportunities.

This Handbook presents recent theories, research findings and methodological approaches that have attempted to identify, explain and ameliorate the phenomenon of cyberbullying.

Cyber bullying topics that are being addressed :

- Legal consequences of cyber bullying.
- Personality factors that create cyber bullies. What is special about children or teenagers who bully on the Web? How are they different from traditional, offline bullies?
- What are the most popular means of cyber bullying (online resources, social nets, chats, forums, etc)? What can the administrations of these resources do to prevent or at least restrict it?
- How do cyber bullies select their victims? What kind of behavior on the Web may encourage them?
- Current school strategies to deal with cyber bullying. Do they work or not? What can be improved?
- Long-term effects of cyber bullying. How can the childhood experience of being a victim of cyber bullying influence an adult's life?
- Cyber bullying as a factor of the World Wide Web development. How has the recent wave of cyber bullying changed the Internet? What further changes can be expected?
- The most efficient coping strategies for victims of cyber bullying. What is often recommended for them to do and what actually works?
- The most efficient strategies for parents to protect their children from cyber bullying. Does an adult stepping in do more harm or good?

Digitalising a network for peer collaboration and learning in family and community resources for workers in the social, educational and mental health sectors



2017-2019



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Centre de Terapia Interfamiliar – Spain
- Center for Mental and Pedagogical Support Kepsipi – Greece
- Universitatea Aurel Vlaicu Din Arad – Romania
- Sjúkrahúsid Á Akureyri - Iceland
- Luxembourg Institute of Health - Luxembourg
- Kirkkopalvelut ry – Finland
- The International Attachment Network – United Kingdom



ERASMUS+

SUMMARY

This project seeks to contribute to enhance and spread family and community resources in institutions working in social, educational and mental health sectors in order to improve their work, to allow them to reach more users in less time and to give to these users and their families a more efficient and high quality intervention. Our partnership focuses on building up a strong transnational network where community and family resources in social, educational and mental health are discussed and shared through a digital platform. The target group of this project are professionals in need of more family and community tools to work with the ultimate target group: socially disadvantaged people and/or people suffering from mental health problems.

OBJECTIVES

- To improve achievement in work with community and family resources within partner institutions.
- To spread new competences in community and family resources and to give to its participants a theoretical and practical knowledge.
- To enhance skills in community and family resources for both professionals and students' practice.
- To offer high quality learning opportunities to workers of partner institutions.



VETmh TuTo+

Vocational education process in European tutoring for immersion trainees in the mental health sector



2018-2021



ERASMUS+



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Luxembourg Institute of Health - Luxembourg
- Association de Prévention Soins et Insertion – France
- Associació Salut Mental – Spain
- Universitätmedizin Rostock – Germany
- Center for Mental and Pedagogical Support Kepsipi – Greece
- Universitatea Aurel Vlaicu Din Arad – Romania
- Fondation Trajets – Switzerland
- Haute Ecole de la Province de Namur – Belgium
- Västra Götalandsregionen, Södra Älvsborgs Sjukhus – Sweden
- Sjúkrahúsid Á Akureyri - Iceland

SUMMARY

The specific objectives of the TuTo+ project are in line with the former TuTo project and promote the following visions:

- Develop competences of the young trainees and promote the attractiveness of the professions in the mental health. Encourage intergenerational contacts and transmission of non-formal knowledge.
- Offer possibilities to benefit from know-how of specialized European centers and so consolidate a European network of knowledge.
- Participate actively in a modern and up to date psychiatry and mental health care, thanks to the access to new practices. This enables the participating partners to respond to the actual and complex social challenges.

Fragility and migration



2018-2022



ERASMUS+



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Centre Hospitalier Saint-Anne – France
- Henallux – Belgium
- IFSI V. Olivier – France
- Pôle précarité, GHU Paris – France
- CPAS de Charleroi – Belgium
- Phénix Asbl – Belgium
- Clinique de l'Exil – Belgium
- Relais Social Urbain Namurois – Belgium
- Croix-Rouge de Belgique, Demandeur d'asile – Belgium

SUMMARY

The project consists of developing and offering the services of a mobile intervention team. The aim of this team is to diagnose and direct asylum seekers and refugees, depending on their individual situation, towards a care pathway that it coordinates. In this dynamic, the team also intervenes with residential (inpatient) and outpatient care teams, which it supports and accompanies in its therapeutic actions.



Share4Carers

Share4Carers

Sharing Good Practices for the Psychoeducation of Children of Parents with mental health problems in Europe



From 1st December 2019
to
31st July 2022



- Centre Neuro Psychiatrique St-Martin – Belgium
- Children of mentally ill parents – Associazione di Promozione Sociale – Italy
- Europese federation van familieverenigingen van psychiatrisch zieke personen IVZW – Belgium
- Fondazione Internazionale Don Luigi Di Liegro Onlus – Italy
- Gaziantep Universitesi – Turkey
- Greek Carers Network EPIONI – Greece



Erasmus+
Small-scale project



Lead partner :
Dynami Zois
Greece

SUMMARY

The ambition of the project Share4Carers, will be to produce **recommendations** that will contribute to **psychoeducation of children of parents with mental illness** by accelerating the adoption of National Psychoeducational Plans across the EU.

The goal is to draw the attention of the academic and the general public, as well as relevant state institutions.

TOOLS

- **Meetings** between patients' organization, academics, clinicians and carers to promote psychoeducation and raise awareness about the **societal impact** of children of parents with mental health problems in Europe.
- The creation of a **project website**, with links to the partners' own websites, where all project outcomes will be uploaded and contact details will be made available.
- Organisation of **focus groups** by representatives of the partners aimed at familiarizing the participants with their work.
- Organisation of **round-table discussions** in order to enable the participants to share their perspectives on priorities that should be included in National Psychoeducational Plans.

Managing anxiety via innovative technologies for better mental health



From 26th September 2019
to
25th September 2023



- Agence pour la Coopération Scientifique Afrique Luxembourg – Luxembourg
- EPSM Lille Métropole Centre Collaborateur OMS pour la recherche et la formation en santé mentale de Lille – France
 - Centre National de Ressources et de Résiliences
 - Centre Ressource Régional de Psychiatrie du Sujet Agé
- Evangelisches Klinikum Bethel, Klinik für Psychiatrie und Psychotherapie – Germany
 - Bielefeld University
- Aardex Group – Belgium
- EMDR-VR / Psylaris – The Netherlands
- Spectre Biotech – France
- GAC – France
 - Knowsnco / In-spir
 - Eldom
- Haute Ecole de la Province de Namur – Belgium
- Namur-Europe-Wallonie asbl – Belgium
 - Bureau Economique de la Province de Namur
 - KIKK
- National Health Services Western Isles – UK
- Ulster University – UK
- Vrije Universiteit Amsterdam – The Netherlands
 - Sentimentics



Interreg North-West Europe



Lead partner :
Centre Neuro Psychiatrique St-Martin
Belgium

Subpartners :

- Haute Ecole Libre Mosane – Belgium
- Similes Wallonie – Belgium

SUMMARY

The project focuses on the creation and implementation of **innovative solutions**, using **digital technology**, designed to **reduce the anxiety** of among others patients experiencing neurological disorders (e.g. Alzheimer's disease) or post-traumatic stress disorder.

- **Implementation of blended therapies within the mental health sector**
There is growing evidence that technological solutions can expand and complement conventional medical protocols.
- **Co-creative solutions starting from the needs**
The first work package concerns the identification of the needs through a qualitative study based on discussion groups bringing together health professionals and patients or their representatives. The study will also focus on the evaluation of innovative solutions already implemented in the care process. Hackathons are organized in several countries.
- **Testing and validation of innovative tools**
The aim is to develop a framework for testing and validating tools with patients and start-ups. Support for 15 selected start-ups is also planned as part of this work package.
- **Sustainable implementation of the innovative tools**
Several activities will be implemented with the aim to facilitate the introduction of innovative e-solutions in health establishments as the organisation of trainings for health professionals and future health professionals and the development of a job profile of eMental health referent.

Associated partners :

- Gamian-Europe – Belgium
- Le Funambule asbl – Belgium
- Réseau Santé Namur – Belgium

Psychiatry Professionals and Covid 19 in Europe: Psychological Impact Management and Crisis and Post-Crisis Organisation



2020-2021



- Centre Neuro Psychiatrique Saint-Martin – Belgium
- Education, Ethics, Health Laboratory, Université de Tours – France
- Agence pour la Coopération Scientifique Afrique Luxembourg – Luxembourg
- Haute Ecole de la Province de Namur – Belgium
- Klinik und Poliklinik für Psychiatrie und Psychotherapie Universitätmedizin Rostock – Germany
- Psychopharmacology laboratory at the Department of Psychiatry, Neurobiology, Pharmacology and Biotechnology, University of Pisa - Italy



Agence Nationale de Recherche

SUMMARY

The study addresses the psychological and societal impacts of the Covid-19 health crisis. It adopts a systemic approach and focuses on psychiatric professionals and their working organisation in this context. Based on a European survey of 2,000 professionals from 23 countries, a study has been produced based on the experience and the adjustment of an ethical professional position, with methods and tools for inpatient and outpatient services in relation to somatic care and the use of e-health ethics.

PSICOCAP

Integrated and comparative practices and statistics on disability and mental disability



1st January 2020
to
31st December 2022



Interreg France-Wallonie-
Vlaanderen



Lead partner :
Institut wallon de l'évaluation,
de la prospective et de la
statistique (IWEPS)
Belgium



- Administration de l'Action Sociale, de la Santé et du Logement de la Province de Namur – Belgium
- Centre Neuro Psychiatrique St-Martin – Belgium
- Etablissement Public de Santé Mentale de la Marne – France
- Observatoire Régional de la Santé Grand Est – France
- Université de Reims Champagne-Ardenne – France

Associated partners:

- ARS Grand Est – France
- AVIQ – Belgium
- Centre Hospitalier Bélair – France
- Institut ALBATROS – Belgium
- Similes – Belgium

SUMMARY

The PSICOCAP project is a Franco-Belgian project aiming to build a **cross-border instrument for observation and analysis of disability** in particular mental disability in order to disseminate the actions to be carried out by project leaders and local decision-makers.

PSICOCAP is an Interreg project (France-Wallonia-Vlaanderen) financed by the European Regional Development Fund and Wallonia.

General idea of the project :

- To **better know, welcome and accompany** people suffering from a handicap and a mental handicap.
- To work on **inclusion and destigmatization**.
- To **train professionals** and people who accompany people with mental disabilities.

This project aims 3 main **OBJECTIVES** :

- To develop knowledge and exchanges of **good practices** on both sides of the French-Belgian border on the topics of disability and mental handicap.
- To set up an **observatory of practices and data** on disability and its determinants, paying particular attention to mental disability : analysis of the actors, resources and modes of care and mapping of these.
- To develop **training for professionals** and reception staff.

Who's calling the shots ? Citizen Empowerment in Mental Health : from the think tank to operational perspectives for user self-determination



1st September 2020
to
31st August 2023



- Association Francophone d'Education Comparée – France
- Center for Mental and Pedagogical Support Kepsipi – Greece
- Centre Neuro Psychiatrique St-Martin – Belgium
- Centre de Terapia Interfamiliar – Spain
- Fondation Trajets – Switzerland
- Kariateam – France
- Universitatea Aurel Vlaicu Din Arad – Romania



Erasmus+
Strategic partnerships



Lead partner :
Espoir 54
France

SUMMARY

The Empow'Them project is in line with the actions advocated by the UN Convention on the Rights of Persons with Disabilities because it aims to contribute to the **respect and dignity of mental health users** through professional practices that support their individual freedom.

OBJECTIVES

Its objective is to **promote the emergence of self-determined behaviour in users** by improving the support skills of professionals active in the mental health field (carers, educators, support staff, etc.) and thus facilitate the expression of the will of people with mental disorders within institutions.

TOOLS

Our intention is to take up this challenge and to design, through an innovative pedagogical engineering approach, **training** to enable professionals to efficiently respond to it. The project mobilizes 8 partners, from 6 different countries and with complementary expertise, in actions aimed at creating a specific training that will remain available in free access on a platform for a minimum of 3 years after the end of the project. The first step will be to draw up a guide for analysing practices in the form of a questionnaire based on a theoretical and conceptual base from the main scientific and professional databases. This questionnaire will be used to explore practices through semi-directive interviews conducted by user-professional pairs.

The challenge is to **keep the questioning process alive among all professionals**, especially newcomers, so that they can examine their practices and representations, without overloading the schedules with binding training in matters of staff mobilization.

Exchanging good practices for the social inclusion of people with mental health problems



1st December 2020
to
30th November 2022



- Centre Neuro Psychiatrique St-Martin – Belgium
- Espérance Hauts de Seine – France
- Fondazione Internazionale Don Luigi Di Liegro Onlus – Italy
- Greek Carers Network EPIONI – Greece
- Klinika za psihijatriju Vrapce – Croatia



Erasmus+
Strategic partnerships for adult
education



Lead partner :
Luciole 92
France

SUMMARY

The general objective of the IncluPsy project is to **promote the social inclusion of people living with mental disorders**.

A **European guide to good practice** will be drawn up taking into account the specificities of the national contexts and may serve as a reference for all actors involved in the social inclusion of people living with mental disorders. This guide will be co-produced throughout the partnership thanks to the pooling of skills and perspectives of all partners, associated partners, and actors involved in the project.

TOOLS

- **Training** will enable participants to develop their skills with the aim of reducing stigma and discrimination against people with mental health problems and promoting their social inclusion.
- An **intervention** by a professor at the kick-off meeting of the project in Paris in 2021.
- A **webinar** in January 2022 in conjunction with the Yale Psychiatry Department in the United States.
- Four **project meetings** will be held and will define the progress of the project. Think tanks will meet there and study visits to various partners and stakeholders will be made.

Cooperation partnerships in the field of vocational education and training



1st february 2022
to
31st november 2025



- EPSM Lille Métropole – France
- Association des mentors pairs aidants du Québec – Canada
- Peer And Team support ASBL – Belgium
- Universität ULM – Germany
- Universitatea Aurel Vlaicu Din Arad – Romania
- Espairs – France
- Inland Norway University of Applied Sciences – Norway
- Haute Ecole de la Province de Namur – Belgium
- First Person Mental Health Research Group – Spain



Erasmus+
Partnerships for cooperation



Lead partner :
Centre Neuro Psychiatrique St-Martin
Belgique

SUMMARY

The partnership aims to contribute to the **professionalization of peer support work** in the field of mental health in Europe. The objectives of the project are :

- **Innovate** the caregiver-patient relationship **by integrating peer support** more structurally into the care pathway.
- **Stimulate the employment of peer helpers** by strengthening their professional profile and training.
- **Prepare professional teams** to welcome and integrate peer helpers into their practices : accompany the team throughout the integration process.
- **Encourage** innovation and the exchange of practices on these themes.

TOOLS

- A **competency framework** for peer helpers.
- A **standardized training profile** for peer helpers.
- **Training materials** for (future) mental health professionals.
- A **methodological framework** to support the integration of peer helpers into teams.
- A **MOOC**.
- The **inclusion** of the project's primary target group (mental health service users and peer helpers).

Promote the transition from institutional to family and community care in the field of mental disability and psychiatric illness



1st April 2024
to
31st March 2028



With financial support from Wallonia AVIQ Familles santé handicap and the European Regional Development Fund Interreg France Wallonie Vlaanderen.



- Etablissement Public de Santé Mentale EPSM de la Marne (FR)
- Centre Hospitalier CH Béclair (FR)
- Association pour la Professionnalisation, la Recherche, l'Accompagnement et le Développement en Intervention Sociale APRADIS (FR)
- Observatoire Régional de la Santé Grand Est ORSGE (FR)
- Observatoire de la santé et du social OR2S (FR)
- Agence pour une vie de qualité AVIQ (BE)
- Centre neuropsychiatrique CNP St-Martin (BE)
- Centre de référence en Santé Mentale CRéSaM (BE)
- Université de Mons UMONS (BE)
- Haute Ecole de la Province de Namur HEPN (BE)
- SIMILES Wallonie (BE)

Associated partners:

- Elisa 51 (FR)
- UNAFAM 51 (FR)
- Elan argonnais (FR)
- Laboratoire Cognition Santé Société de l'Université de Reims Champagne Ardenne (FR)
- Centre Psychiatrique Saint-Bernard (BE)
- Institut Wallon de l'Évaluation, de la Prospective et de la Statistique IWEPS (BE)
- SIMILES Vlaanderen (BE)
- Réseau de soins intégrés du Namurois Résinam (BE)
- Centre Hospitalier Jean Titeca (BE)
- NOWE netwerk geestelijke gezondheidszorg regio Noord-West-Vlaanderen (BE)
- PZ Onzelvevrouw (BE)
- Observatoire Franco-Belge de la Santé
- EPSM Lille Métropole, Centre Collaborateur de l'OMS pour la recherche et la formation en santé mentale
- Association Francophone de Psychoéducation Profamille

SUMMARY

Psicocap+ aims to facilitate the transition from institutional psychiatric care to care in the home environment, and to smooth the path of patients.

It will contribute to the creation of recovery mechanisms in the living environment and the family, empowering patients and integrating them into society.

Achievements will include :

- Raising awareness
- Field visits, experimentation with facilitating systems and dissemination of successful experiences
- Observations, analyses and provision of data
- Training
- Research and organization of events

Rejected projects

PERMAD

Personalised Early Risk prediction and Monitoring of Alzheimer's disease
2020 - HORIZON 2020

SMiE

Strategies mitigating the impact of Covid-19 for innovative legislation and policy measures on EU SMEs
2020 - HORIZON 2020

E-Mental Health: European Expertise, Public Policies and Practices

2021 - COST

E-HARP

Enhancing Mental Health and Resilience of Europe's Entrepreneurs
2022 - HORIZON EUROPE

YEAH

Digitally empowering children and adolescents for better mental health
2022 - HORIZON EUROPE

Let IT Care

Solutions for mental health staff : IT for Care
2023 - Interreg North-West-Europe

For more information about these rejected projects, feel free to contact us.

Erasmus+ Accreditation

As a result of its investment in continuing professional training for its staff, CNP Saint-Martin has now been awarded Erasmus+ Accreditation by the European Commission and AEF-Europe.

The Erasmus+ Accreditation distinguishes skills in managing and organizing mobility, in line with the European values and standards of the Erasmus program.

It offers CNP Saint-Martin facilitated co-funded support during the 2021-2027 period, in the context of European and international professional training for professionals.

St-Martin Neuro Psychiatric Centre totally fits in with modern psychiatry and takes up the challenge of setting up a consistent Mental Health Care system in a close network with the various healthcare workers.

In this context, our hospital constantly reinforces its collaborations with the psychiatric departments of general hospitals around Namur, the first-line caregivers and various shelter and support structures (drug addiction, intellectual deficiency, etc).

Our Centre also actively takes part to the continuity of care through assisted housing programmes, psychiatric care houses, Mental Health workers, care homes, etc.

Through this network dynamics, CNP is involved in various innovative projects and confirms its commitment to the future of psychiatry : **providing specialised care that suits best to the patient needs.**

